

Telehealth Physical Exam Checklist

Patient Information

Name:

Date:

Vital Signs (Self-Reported/Observed)

Temperature:

Pulse:

Blood Pressure:

Respiratory Rate:

General Appearance

- ☐ Alert & Oriented
- ☐ Distress (respiratory/pain/other)
- ☐ Ambulating Well

Notes on appearance...

HEENT

- ☐ No visible lesions/rashes
- ☐ Pupils equal/reactive
- ☐ Adequate speech
- ☐ Nasal congestion/discharge
- ☐ Throat/tonsil findings

HEENT notes...

Cardiac

- ☐ No chest pain
- ☐ No palpitations
- ☐ Capillary refill normal

Cardiac notes...

Respiratory

- ☐ Breathing normal
- ☐ No cough
- ☐ No shortness of breath

Respiratory notes...

Abdomen

- ☐ Abdomen non-tender (verbalized/examined)
- ☐ No visible distension
- ☐ Bowel sounds present

Abdominal notes...

Skin

- ☐ No rashes observed
- ☐ No wounds/lesions
- ☐ Color normal

Skin notes...

Extremities

- ☐ Normal movement
- ☐ No swelling/deformity
- ☐ No tenderness

Extremities notes...

Neurological

- ☐ Alert
- ☐ Oriented
- ☐ Cranial nerves grossly intact
- ☐ Follows commands

Neuro notes...

Other/Comments

Other comments...