

Women's Health History Documentation

Patient Information

Full Name

Date of Birth

Age

Date of Visit

Menstrual History

Last Menstrual Period (LMP)

Age at Menarche

Cycle Length (days)

Menses Characteristics / Comments

Obstetric History

Gravida (G)

Para (P)

Abortions (A)

Details (e.g., year, outcome, complications)

Gynecological History

Last Pap Smear (Date)

History of Abnormal Pap

History of STIs

Gynecologic Surgeries (type, year)

Contraceptive History

Current or Previous Methods

Sexual Health

Sexual Activity, Concerns, Orientation

Breast Health

Last Mammogram (Date)

Breast Symptoms / History

Family History

Breast, Ovarian, Uterine, Cervical Cancer, Other Relevant

Other Notes

