

# Chronic Disease Nursing Assessment Form

## Patient Information

Full Name

Date of Birth

Medical Record Number

Contact Number

Gender

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## Medical History

Chronic Diagnosis

Duration of Disease

Relevant Medical History

Current Medications

Allergies

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## Assessment

Vital Signs (BP, HR, RR, Temp, SpO<sub>2</sub>,)

Current Symptoms

#### Physical Assessment

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## Lifestyle & Social History

#### Smoking Status

#### Alcohol Consumption

#### Dietary Habits

#### Physical Activity Level

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## Nursing Plan

#### Nursing Diagnosis

#### Goals/Expected Outcomes

#### Planned Interventions

#### Evaluation & Follow-Up