

Incision Site Monitoring Instructions

Patient Name: _____

Date of Procedure: _____

General Instructions

1. Keep the incision site clean and dry.
2. Follow your healthcare provider's instructions regarding bathing and wound care.
3. Do not apply lotions, ointments, or powders to the incision unless directed.
4. Avoid strenuous activity or heavy lifting as advised until cleared by your provider.

Monitor for the Following Signs

- Redness or swelling that is spreading
- Increased pain or tenderness at the site
- Warmth around the incision area
- Pus or foul-smelling drainage
- Bleeding that does not stop with gentle pressure
- Fever greater than 100.4°F (38°C)

What To Do If You Notice Any Concerns

1. Contact your healthcare provider immediately if you notice any of the above signs.
2. If the office is closed and you feel your symptoms are urgent, go to the nearest emergency room.

Notes

Patient Signature:

Date:
