

# Goal Setting Sheet

Student Name

Date

YYYY-MM-DD

Semester/Term

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## Academic Goal

Describe Your Goal

### Why is this goal important to you?

## Action Steps

List specific steps you'll take to achieve your goal

## Resources & Support Needed

Who or what can help you?

## Timeline

Start Date

YYYY-MM-DD

Target Completion Date

YYYY-MM-DD

**How will you measure your progress?**

**Review & Reflections**

Notes after reviewing your progress