

# Employee Benefits Overview

## Health & Wellness

- Comprehensive medical, dental, and vision insurance
- Employee Assistance Program (EAP)
- Wellness initiatives and programs
- Virtual care and telemedicine options

## Retirement & Savings

- 401(k) retirement plan with company match
- Pension plan (where applicable)
- Financial planning resources

## Time Off & Leave

- Paid time off (PTO) and company holidays
- Sick leave and personal days
- Parental leave and family care leave

## Other Benefits

- Life and disability insurance
- Professional development and training
- Employee discounts and perks
- Flexible work arrangements

## Summary Table

Benefit	Details
Health Insurance	Medical, dental, vision
Retirement Plan	401(k) with match
PTO	20 days annually
Life Insurance	Company-paid basic plan
Parental Leave	Up to 12 weeks

For detailed plan documents and eligibility, please refer to the Employee Handbook or HR Portal.