

# Toolbox Talk: Fall Prevention and Protection Standards

## Purpose

The purpose of this toolbox talk is to review safety standards and best practices for preventing falls and protecting workers at heights.

## Key Points

- Falls are one of the leading causes of workplace injuries and fatalities.
- Always use fall protection equipment when working at heights of 6 feet or more.
- Inspect equipment such as harnesses, lanyards, and anchors before use.
- Ensure guardrails and covers are in place where required.
- Maintain clean, dry, and uncluttered work surfaces to reduce tripping hazards.

## Types of Fall Protection

- **Personal Fall Arrest System (PFAS):** Includes a harness, connector, and anchorage point.
- **Guardrails:** Physical barriers to prevent falls.
- **Safety Nets:** Used in areas where other systems are not practical.
- **Warning Line Systems:** Mark boundaries near fall hazards.

## Employee Responsibilities

- Attend safety training and toolbox talks regularly.
- Follow established procedures for fall prevention and protection.
- Report unsafe conditions or damaged equipment immediately.
- Use all provided fall protection equipment correctly.

## Discussion Points

- What fall hazards exist at your current job site?
- When should you use a fall arrest system?
- How do you inspect your PPE for damage?

## Important Reminders

- Never bypass safety systems or take shortcuts.
- Stay alert and be aware of your surroundings.
- Report hazards and near misses to your supervisor.

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Supervisor Signature

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Date