

Weekly Social Media Posting Schedule Example

Day	Time	Platform	Content/Post	Notes
		Monday	9:00 AM	Instagram
Day	Time	Platform	Content/Post	Notes
		Tuesday	1:00 PM	Facebook
Day	Time	Platform	Content/Post	Notes
		Wednesday	11:00 AM	Twitter
Day	Time	Platform	Content/Post	Notes
		Thursday	5:00 PM	LinkedIn
Day	Time	Platform	Content/Post	Notes
		Friday	10:00 AM	Instagram Stories
Day	Time	Platform	Content/Post	Notes
		Saturday	3:00 PM	Facebook
Day	Time	Platform	Content/Post	Notes
		Sunday	12:00 PM	Twitter

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